The Counseling Center in Shoemaker Building provides free and confidential services by professional counselors to all UM students. The Counseling Center also provides reasonable accommodations for individuals with disabilities.

Our staff of professional psychologists, counselors, learning specialists, and disability service providers are available to help you with a variety of concerns and service needs that can affect your academic and personal effectiveness.

LOCATION & CONTACT
Second floor, Shoemaker Building
Testing: (301)314-7688 or (301)314-0319
COUNSELING SERVICE
Provides confidential counseling and psychotherapy for personal, emotional, and social issues as well as educational and career concerns

SERVICES
- Short-term psychological and career counseling
- Couples counseling
- Group counseling
- Consultation and outreach
- Psychological and career testing and assessment
- Parent and Faculty/Staff Warmline
- Crisis intervention
- Referral assistance

COMMON CONCERNS
- Emotional distress
- Loneliness
- Depression
- Family issues
- Social and interpersonal relationship concerns
- Stress, anxiety, and excessive worries
- Choosing a major, career, or life planning

LOCATION & CONTACT
First Floor, Shoemaker Building
(301)314-7651

LEARNING ASSISTANCE SERVICE
Helps students reach their academic goals through performance enhancement and skill development.

SERVICES
- Individual coaching, workshops, groups and one-credit courses to improve learning strategies that lead to college success
- Brain-based learning strategy workshops
- Reading, writing, math, and exam preparation
- Time management and anxiety management skills
- Peer mentoring
- Guided Study Session Program—Peer led collaborative learning groups for students in lower level larger lecture courses
- Special academic skills programs for non-traditional students, transfer students, and students on probation
- English for Speakers of Other Languages (ESOL) Conversation Program to build English conversation skills
- Computer-based programs in: reading, writing, standardized tests, ESOL, statistics, geometry, trigonometry, pre-calculus and calculus

LOCATION & CONTACT
Second Floor, Shoemaker Building
(301)314-7693

DISABILITY SUPPORT SERVICE
Coordinates services to ensure equal access for individuals with disabilities to all University programs and activities.
DSS staff establish individually tailored accommodations to specifically meet the unique requests of anyone who registers with the office.

SERVICES
- Provides reasonable accommodations, auxiliary aids, and services such as:
  - Deaf and hard of hearing services
  - Alternate format of textbooks
  - Extended time for exams
  - Note taking
  - Adaptive technology services
  - Lab/library assistance
  - Paratransit services
  - Advocacy
- Provides education, awareness and consultation for students, faculty, staff and parents

LOCATION & CONTACT
Ground Floor, Shoemaker Building
(301)314-7682   dissup@umd.edu