

FREE Math Resources

LAS Math Learning Program

- A course to help you build math confidence
EDCP108M: Math Study Skills and Building Confidence (1 credit)
- Individual meetings to help you determine your path to successful math learning
- Workshops to assist you in reaching your math-related academic goals
- Tools to help you assess your math learning needs
- Assistance in completing math Fundamental Studies requirements

Schedule an appointment with our Math Learning Specialist and take charge of your math learning!

Math Department

The math department offers tutoring, a **test bank of previous exams**, computer resources, and math placement tests. For more information, visit: www-math.umd.edu/undergraduate/resources.html

On-Campus Math Tutoring

- Professor's/TA's office hours
- Math Department Tutoring (Math Building 0301) <http://www-math.umd.edu/math-tutoring-schedule.html>
- AAP Tutorial Services (Various locations) www.umdtutoring.mywconline.com
- Math Success Program (Oakland Hall) www.reslife.umd.edu/programs/math_success
- OMSE tutoring (Hornbake Library, South Wing) <http://www.omse.umd.edu/tutoring.html>

Online Resources

- Check out our math learning section for tutorial videos and useful websites: <http://www.counseling.umd.edu/las>
- Many text books offer support websites included with the purchase of the book.

Successful Math Student Checklist

Please rate yourself using the following scale:
3-almost always; 2-sometimes; 1-rarely; 0-never

- I have a positive attitude about math and my ability to be successful in math.
- I attend every class, arriving on time and staying for the entire class.
- I take detailed, legible notes during class.
- I complete homework problems and check my answers.
- I analyze returned quizzes and tests.
- I review my class notes, textbook, and assignments regularly.
- I take advantage of campus resources like instructor/TA office hours, tutoring services, and the Learning Assistance Service.
- I study math outside of class for at least 7-10 hours a week.
- I start studying for a math test at least one week before the test.
- I complete practice tests under exam conditions.
- I earn my desired grade on quizzes/tests after preparing well.

If you earned above a 28, give yourself an A! If you want to improve your score, make an appointment with the Math Learning Specialist or Math Learning Assistant and find out how we can help you succeed in your math courses!



DIVISION OF
STUDENT AFFAIRS
COUNSELING CENTER
LEARNING ASSISTANCE SERVICE



Learning Program

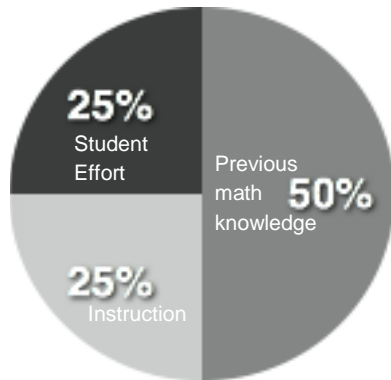
Learning Assistance Service

2202 Shoemaker Building
4281 Chapel Lane
301-314-7693
las-cc@umd.edu
counseling.umd.edu/las

www.facebook.com/UMDCounselingCenter
www.twitter.com/@UMCounselingCTR

Math Learning Assistance

- Are you anxious about math?
- Has it been more than two years since you've taken math?
- Are you in a course for which you are not well prepared?
- Did you take pre-requisite courses at another college?
- Do you get the math grades you want?
- Are you spending too much time studying math without positive results?



Are you underprepared for your current math class?

Math learning is sequential. How well you learned previous math topics shapes how well you will do in your next math class. Even with the best efforts, you may not succeed in a math class for which you are not well prepared. Check in with the math specialist to learn how to succeed in math!

Do you do well on homework and quizzes but not on exams?

Math learning develops in stages. Reaching the highest levels will help you be more confident on your exams. Learn how to get there by studying smarter, not harder.



Do you want a coach to help you improve your math performance?

Having a coach helps an athlete improve performance. The same can be said about a student's math performance. Learn how to study math effectively and develop new skills. Sign up for EDCP108M: Math Study Skills and Building Confidence, an 8-week, one-credit course. For more information, contact the math learning specialist.

Do you do want some quick tips on becoming a successful math learner?

Attend a *Learning Assistance Service* workshop that addresses math learning and get on track for math success!

Topics Include:

- The ABC's for Math Success
- Tackling a Math Test
- Preparing for the Math Placement Test
- Math Anxiety/Avoidance
- Course Specific Content Reviews

Check our website for dates and times:

www.counseling.umd.edu/LAS

Megan Bergandy
Math Learning Specialist
mbergand@umd.edu
301-314-7701

Barbie Dunnan
STEM Graduate Assistant
barbie@umd.edu
301-314-7699

To schedule an appointment, go to: <https://lasonline.umd.edu>