Welcome to the University of Maryland!

A Professor’s Perspective

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Welcome to Maryland

You are at a world-class research and training university

✧ Faculty advancing the science and arts
✧ Educators preparing young professionals
✧ Young professionals training to succeed
Why am I standing here?
Undergraduate Courses

▫ Introduction to Psychology (100)
▫ Social Psychology (221)
▫ The Psychology of Evil (289E)
▫ Psychology of Unethical Conduct (111)
▫ Communication & Persuasion (424)
▫ Psychology of Getting Hired (123)
Students have misconceptions about us.
I want you to earn an

(and I am confident that you can)
Who wants a job after you graduate?
Common Reasons New Grads Get Fired
(Gardner, 2007)

✧ Unethical conduct
✧ Ignoring instructions
✧ Sloppy work
✧ Unexcused absences
✧ Lack of professionalism or ability to work with others
Common Reasons Students Fail

✧ Unethical conduct
✧ Ignoring instructions
✧ Sloppy work
✧ Unexcused absences
✧ Lack of professionalism or ability to work with others
You are here because you are capable of EXCELLENCE!
What Successful Students Do:

✧ “Attend” class
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![Diagram showing the relationship between average quiz score and device type (Phone vs. Laptop) with categories None, Some, Most/All. The graph indicates a higher score for Most/All compared to None and Some for both Phone and Laptop.]

Five surprise clicker questions at the end
What Successful Students Do:

✧ “Attend” class

![Bar chart showing average quiz scores for different phone and laptop usage categories: None, Some, Most/All. The chart indicates that students who use phones and laptops for Most/All have the highest average quiz scores, followed by Some, and then None.]
What Successful Students Do:

✧ Attend class
✧ Ask questions
✧ Organize their notes (before they sleep)
✧ Spread our their studying
What Successful Students Do:

✧ Attend class
✧ Ask questions
✧ Organize their notes
✧ Spread our their studying
✧ Get tested
Tests Help you Learn
Roediger & Karpicke (2006)

✧ IV: Everyone studied a passage for 7 min…
  ▪ Studied 7 min more
  ▪ Took a practice test
✧ Study = confidence
✧ Test = learning

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✧ Attend class
✧ Ask questions
✧ Organize their notes
✧ Spread their studying
✧ Get tested
✧ Get help
✧ Eat, sleep & exercise
Grades are not given, they are earned.
Students have **misconceptions** about themselves.
Learning Styles?
It’s not about how much you study…

it’s how you study.
The Science of Studying

(Dunlosky et al., 2013)
The Science of Studying

(Dunlosky et al., 2013)

Worst

Highlighting text
Rereading
Writing summaries

Best
The Science of Studying
(Dunlosky et al., 2013)

**Worst**
- Highlighting text
- Rereading
- Writing summaries

**Best**
- Distributed practice
- Practice tests
Take Personal Responsibility

✧ Inform yourself
  - University policies (e.g., attendance, integrity)
  - Syllabus (e.g., deadlines, instructions)

✧ Engage with us

✧ Dedicate the effort to actually learn

✧ Prevent & solve problems (e.g., backup work, OIT Helpdesk)

✧ Take advantage of the resources
  - Study skills & time management workshops
  - Writing Center
  - Tutoring
Go make them all

Fear the Turtle