TERPS GET CAREER THE TURTLE...because success starts here!

Welcome to Maryland.
Most of us have heard the frustrating phrase, “Need a job to get experience, need experience to get a job.” The President’s Promise ensures that the University of Maryland is chock-full of opportunities outside the classroom to help you identify your passions and gain a competitive edge.

Pursuing these opportunities will:
- Help clarify career interests
- Build your network
- Exercise your leadership skills
- Give you a competitive edge
- Broaden your horizons
- Strengthen your skill sets

Staff are available at the University Career Center & The President’s Promise to help you navigate through all of your specific interests and options to select the best opportunities for your personal goals.

Schedule an appointment through Careers4Terps to learn more about the different types of opportunities and which ones are the best for you.

www.PresidentsPromise.umd.edu
**THE PRESIDENT’S PROMISE**

The President’s Promise offers undergraduates an integrated learning experience to enhance career readiness. Opportunities include living-learning programs, research experiences, public and private sector internships, international experiences, service learning initiatives and leadership experiences.

**NETWORKING EVENTS**

Connect with alumni and employers during the academic year.

Opportunities include:
- resume and mock interview clinics
- career and employment panels and industry meetups
- job shadowing and informational interviews
- career and internship fairs
- employer networking sessions

**INTERN FOR A DAY**

Visit host sites for one day internship/shadowing experiences. You may attend meetings, participate in informational interviews with other staff members or work on small projects.

**CAREER SHUTTLES**

Center-sponsored field trips to employer sites from various industries. Shuttle seats are limited. Students should RSVP early.

**CAREER COURSES**

**PSYC123: The Psychology of Getting Hired** • 1-credit (online)
Looks at what’s behind the hiring process, applies psychological principles and strategies for landing internships or other jobs. Freshman/Sophomore standing.

**EDCP108i: Academic Transitions to Internships** • 1-credit (online)
Engages you in the full experience of searching for an internship. For students looking for that first internship!

**UNIV099: Internship Seminar** • 0-credit
Complements supervised work experiences and assures that experiences are noted on your transcript.

**EVISORS-UMD ALUMNI ADVISOR NETWORK**

Connects students with alumni and webinars for career and job search advice. [https://umd.evisors.com](https://umd.evisors.com)

**CENTER STAFF CAN HELP YOU:**

- Address educational and career decisions
- Identify useful resources
- Pursue internship, full/part-time opportunities
- Tailor resumes and cover letters
- Sharpen job search skills and strategies
- Plan for graduate and professional school

**CAREERS4TERPS**

Update your Careers4Terps profiles to manage your career. C4T is your gateway to:
- career advising appointments
- internship and job postings with alerts
- event calendar - workshops, panels and employer programs
- interview opportunities with recruiters
- employer information sessions/networking events

Gain access to the following virtual resources:

- **FOCUS 2**
  Career testing/self-assessment
- **Candid Career**
  Career-related informational videos by UMD alumni
- **Vault**
  Employer/industry insights, rankings and reviews
- **InterviewStream**
  Practice interviewing 24/7/365
- **GoinGlobal**
  Work abroad, visas, international student resources

**SOCIAL MEDIA**

Follow [@UMDCareerCenter](https://www.instagram.com/UMDCareerCenter) to access career-related news wherever you are, whenever you’re ready.

 Receive event updates, daily tips and giveaway opportunities!

Infographics, articles and videos to help with professional dress, interviewing and the world of work.
**FIRST YEAR: AWARENESS**

- Visit the Center in person and follow us online.
- Complete a personality/career assessment, such as FOCUS 2, to see how your interests relate to your career path.
- Register for Careers4Terps and take advantage of internships, part-time, summer and/or volunteer opportunities in your career area(s) of interest.
- Begin planning for The President’s Promise opportunities such as research, study abroad, student leadership or volunteerism.
- Explore your interests through work-related experiences, job shadowing and speaking with professionals in a variety of occupations.
- Develop targeted resume(s) and cover letter(s) and have them critiqued at the Center.
- Register for PSYC123: The Psychology of Getting Hired to learn what influences the hiring process and how to develop your competitive edge.
- Attend Center fairs, career panels, workshops and networking events.

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**SECOND YEAR: EXPLORATION**

- Discuss career goals with Center staff.
- Build your resume by pursuing career and major-related opportunities.
- Research various career fields and professions of interest, use Terrapins Connect for career and job search advice and conduct informational interviews.
- Establish and maintain your professional media presence through such networks as LinkedIn, Twitter and Blogger.
- Update your Careers4Terps account.
- Attend career & internship fairs, networking events and employer site visits to learn about professional opportunities.
- Maintain a good academic record. Employers see grades as an objective measure of your abilities and time management skills.
- Bring in updated targeted resume(s) and cover letter(s) for critiques at the Center.
- Register for PSYC123: The Psychology of Getting Hired to learn what influences the hiring process and how to develop your competitive edge.
- (For students looking for that first internship) Register for EDCP108i: Academic Transitions to Internships to engage in the full experience of searching for an internship.

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**THIRD YEAR: EXPERIENCE**

- Assess your progress and check in with Center staff as needed.
- Gain practical experience through internships, study abroad, research, student activities and volunteer work.
- Conduct a virtual mock interview to see how well you do and practice your 30-second “commercial/elevator pitch.”
- Interview with employers seeking interns through the On-Campus Interviewing (OCI) Program.
- Network with employers at information sessions, events and fairs.
- Update and create Search Agents in Careers4Terps.
- Continue building your professional brand via social media.
- Update your targeted resume(s) and cover letter(s), and have them critiqued at the Center.
- Develop relationships with professionals who could serve as references.
- (For Potential Graduate Students) Familiarize yourself with graduate or professional school admissions procedures.

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**FOURTH YEAR: TRANSITION**

- Strategize your upcoming job search with Center staff.
- Attend Center events to strengthen job search skills such as resume writing, interviewing and networking.
- Develop targeted resumes and cover letters to support job search activities and have them critiqued at the Center.
- Utilize Search Agents in Careers4Terps to receive alerts and apply for employment.
- Research prospective employers thoroughly before interviews.
- Present your qualifications to employers attending Career & Internship Fairs.
- Take advantage of the On-Campus Interviewing (OCI) Program for full-time jobs.
- Continue to network and conduct informational interviews with employers of interest.
- (For Potential Grad Students) Have your personal statement critiqued for graduate or professional school applications.
THE FIRST YEAR 5
Things to do in your first year at Maryland

CAREERS4TERPS
SUCCESS starts here

TWITTER
Follow so you can lead

FACEBOOK
Events you will Like

FOCUS 2
Match your passions to pathways

4-YEAR CAREER PLAN
Hit the ground running
success /səkˈses/ noun

the accomplishment of an aim or purpose.