Learning to Let Them Grow
I ❤️ Terp Families

www.terpfamily.umd.edu
Hi honey, we haven't heard from you in a while. Are you ok?
Mom

Today 8:32 AM

Hi honey, we haven't heard from you in a while. Are you ok?

Yep
PARENT AND FAMILY AFFAIRS

We support parents and family members in student success!

Our goal is to offer support to you and provide you with the information you need so you can be a good resource for your student.
DIVISION OF
STUDENT AFFAIRS
PARENT AND FAMILY AFFAIRS

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OVERVIEW OF SERVICES

PRIMARY POINT OF CONTACT for PARENTS/FAMILIES

Helpline: 301.314.8429
Email: terpfamily@umd.edu
Website: www.terpfamily.umd.edu
Facebook: facebook.com/terpfamily
Twitter: @terpfamily

Terp Family eConnection Communication Portal: terpfamily.campusesp.com
Handbook: Terrapin Guide
Family Weekend: October 18 - 20, 2019

Maryland Parent & Family Association
Parent/Family Advisory Council
IT’S A PROCESS!

COLLEGE STUDENT

HIGH SCHOOL STUDENT
TRANSITIONS

Transition memories...

Transitions/challenges my student will experience...
THE HOT LIST

1. Academics
   a. Time management & study skills
   b. Experience of the first “C”

2. Independence
   a. Making responsible decisions
   b. Feeling guilty about not being at home

3. Relationships & Fitting In
   a. Finding a new group of friends
   b. Changing relationships with friends from home
   c. Trying on a new “self”
If you're going to do the body-piercing thing, at least make it useful.
“Your job is to prepare your college student for the road, not prepare the road for your college student.”

- Julie Lythcott-Haims
HELPFUL TIPS

● Understand FERPA
Student records kept by the university are private—this includes grade reports, transcripts, finances, counseling, health, and student conduct records. Therefore, we cannot discuss the contents of records with any third party without permission from the student.

Students can waive their right to privacy and grant limited access to any parent or guardian to view the student’s current class schedule, grades, and student account balance information.

Complete details and instructions are available at registrar.umd.edu.
HELPFUL TIPS

- Understand **FERPA**
- Discuss and **set expectations**
- Use the **24 hour rule**
24 HOUR RULE

What a difference a day makes!
If your student calls home unexpectedly and in a panic, don’t panic yourself. Give it 24 hours, then follow up.
HELPFUL TIPS

● Understand FERPA
● Discuss and set expectations
● Use the 24 hour rule
● Avoid the urge to take care of the issue for your student
● Encourage your student to make use of all available resources
In the normal course of events, there is no problem that can arise at UMD that a student can’t solve using the many resources available to them here.

Adapted from Dr. Marshall Duke, Emory University
“MAGIC” QUESTIONS

1. What do you want?
2. What are you doing to get there?
3. How’s that going for you?
4. What can you do differently?
HELPFUL TIPS

- Understand **FERPA**.
- Discuss and **set expectations**.
- Use the **24 hour rule**.
- **Avoid the urge** to take care of the issue for your student.
- Encourage your student to **make use of all available resources**.
- You may not have control, but **you still have influence**.
- Be involved and **stay connected**.
"Yes, mother, I told you, I'm doing fine on my own at college.... Hey, could you log on and find my schedule, order my books and call me when it's time for class?"
SUMMER HOMEWORK

- AlcoholEDU
- Sexual misconduct prevention program
- Health insurance waiver
REMEMBER...

● College is fun and challenging for students and their families. **Enjoy the journey!**
● **We’re here for you.** Contact the Office of Parent and Family Affairs if you or your student need any assistance.