All undergraduate students, registered for 6 or more credits, must have health insurance. The on-line waiver must be completed once every academic year. Visit [https://umd.myahpcare.com/waiver](https://umd.myahpcare.com/waiver) for more information.
All undergraduate students, registered for 6 or more credits, must have health insurance. The on-line waiver must be completed once every academic year. Visit https://umd.myahpcare.com/waiver for more information.
All undergraduate students, registered for 6 or more credits, must have health insurance. The on-line waiver must be completed once every academic year. Visit [https://umd.myahpcare.com/waiver](https://umd.myahpcare.com/waiver) for more information.
All undergraduate students, registered for 6 or more credits, must have health insurance. The on-line waiver must be completed once every academic year. Visit https://umd.myahpcare.com/waiver for more information.
All undergraduate students, registered for 6 or more credits, must have health insurance. The on-line waiver must be completed once every academic year. Visit https://umd.myahpcare.com/waiver for more information.
UNIVERSITY OF MARYLAND
MENTAL HEALTH SERVICES

Counseling Center
301-314-7651
1101 Shoemaker Building, Chapel Drive
College Park, MD
- Free Individual Counseling and Psychotherapy
- Drop-In Hours for Students of Color, LGBTQ, Veterans, and International Students
- Consultation Services
- Career Counseling

Health Center
301-314-8106
Building 140, Campus Drive
College Park, MD
- Medication Evaluation and management
- Substance Use Counseling
- Stress Management Services
- Pet Therapy Events
- Meditation, Acupuncture, and Massage

Crisis Services
- Counseling Services
- Group Therapy and Support groups
- Educational Trainings and Workshops
- Outreach Services

www.counseling.umd.edu
www.health.umd.edu
How your student will pay for care at the University Health Center...

- For medical services, we work like a typical doctor’s office, participating with or billing many insurance carriers.
- Copays and coinsurance are payable at the time of service.
- Payments for mental health service is expected at the time of service, a nominal visit fee.
- Pharmacy bills many insurance plans.
- Discounted rates for students whose insurance that will not reimburse us.

Visit [https://umd.myahpcare.com/waiver](https://umd.myahpcare.com/waiver) for more information.

All undergraduate students, registered for 6 or more credits, must have health insurance. The on-line waiver must be completed once every academic year. Visit [https://umd.myahpcare.com/waiver](https://umd.myahpcare.com/waiver) for more information.
Enroll or waive the Student Health Insurance Plan.

Submit the mandatory immunization information.

Talk with your student about alcohol, prescription drugs, sexual assault and healthy choices.
All undergraduate students, registered for 6 or more credits, must have health insurance. The on-line waiver must be completed once every academic year. Visit https://umd.myahpcare.com/waiver for more information.
All undergraduate students, registered for 6 or more credits, must have health insurance. The on-line waiver must be completed once every academic year. Visit [https://umd.myahpcare.com/waiver](https://umd.myahpcare.com/waiver) for more information.

**Option**

**Remain On Current Insurance Plan** (MUST Waive Student Health Insurance Plan)

- Applicable co-pays, co-insurance, or deductible according to your plan
- Responsible for services not covered by plan

**Option**

**Enroll In Student Health Insurance Plan**

- Provides coverage at the University Health Center
- Premium for upcoming school year: $1,298.
All undergraduate students, registered for 6 or more credits, must have health insurance. The on-line waiver must be completed once every academic year. Visit [https://umd.myahpcare.com/waiver](https://umd.myahpcare.com/waiver) for more information.
Stopping the Spread

Procedures & Protocols for Addressing Communicable Illnesses

- Campus Infectious Disease Management Committee meets to devise a plan
- UHC consults with local and state departments of health on guidance
- Communications to campus begin as determined by Dept. of Health guidance & campus procedures and protocols
- With guidance, additional actions put in place, such as cleaning, guidance to faculty, increased testing, etc.

In Fall ‘18, cases of Adenovirus were confirmed on campus. In response we:

- Regularly and proactively consulted with Depts. of Health and CDC
- Increased surveillance and testing; and updated approach to testing and treatment
- Communicated with the community about flu, adenovirus and other viruses
- Expanded cleaning protocols
- Conducted external review where findings supported UMD approach

For students with ongoing medical problems, we encourage them to report the illness in our EMR when they submit their immunizations

More information: go.umd.edu/adenovirusresponse

All undergraduate students, registered for 6 or more credits, must have health insurance. The on-line waiver must be completed once every academic year. Visit https://umd.myahpcare.com/waiver for more information.
All undergraduate students, registered for 6 or more credits, must have health insurance. The on-line waiver must be completed once every academic year. Visit https://umd.myahpcare.com/waiver for more information.
What is the single most consistent predictor of college success?
All undergraduate students, registered for 6 or more credits, must have health insurance. The on-line waiver must be completed once every academic year. Visit https://umd.myahpcare.com/waiver for more information.
All undergraduate students, registered for 6 or more credits, must have health insurance. The on-line waiver must be completed once every academic year. Visit [https://umd.myahpcare.com/waiver](https://umd.myahpcare.com/waiver) for more information.
All undergraduate students, registered for 6 or more credits, must have health insurance. The on-line waiver must be completed once every academic year. Visit https://umd.myahpcare.com/waiver for more information.
All undergraduate students, registered for 6 or more credits, must have health insurance. The on-line waiver must be completed once every academic year. Visit [https://umd.myahpcare.com/waiver](https://umd.myahpcare.com/waiver) for more information.
All undergraduate students, registered for 6 or more credits, must have health insurance. The on-line waiver must be completed once every academic year. Visit [https://umd.myahpcare.com/waiver](https://umd.myahpcare.com/waiver) for more information.

FOR MORE INFORMATION:

- Find us: [www.health.umd.edu](http://www.health.umd.edu)
- Email us: [health@umd.edu](mailto:health@umd.edu)
- Call us: 301-314-8180
- Find us on Twitter, Facebook, Instagram, YouTube
  @UMDHealthCenter